

# Economic Perspectives

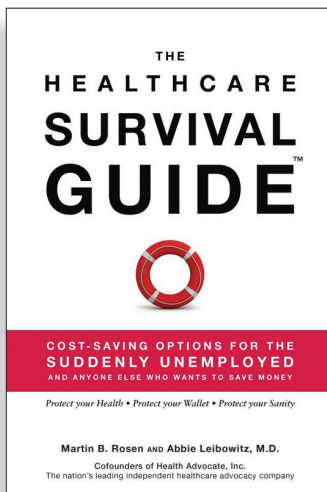
Small Business – Financial Literacy – Economics – Business Books

## Discover Money Saving Tips from co-author of *The Healthcare Survival Guide*™

Posted by Hopeton on October 24, 2010

On the October 11, 2010 edition of Economic Perspectives I interviewed Martin Rosen, co-author of *The Healthcare Survival Guide*, a 72-page book that provides important information about affordable healthcare insurance and medical services, as well as other cost-saving tips. Rosen is the cofounder of Health Advocate™, Inc., an independent healthcare advocacy and assistance company.

Some of the money saving tips discussed in his book, which was co-written by the co-founder of Health Advocate, Inc. Abbie Leibowitz, M.D., include:



- **Know the differences between insurance plans** so you can choose the best for you and your family.
- **Ask your doctor for a discount.** A whopping 61 percent of patients, who did, got one!
- **Look on pharmaceutical websites** for free trial offers for medications.
- **Check out a university dental clinic**, staffed by dental interns, offering quality care for a great deal less.
- **Ask about the cost for a medical procedure.** Prices can range from several hundred to several thousand dollars in the same zip code!



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