

How to Find Free or Low-Cost Healthcare Services

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Are you on the lookout for tips and strategies for lowering healthcare costs? (With the astronomical cost of healthcare these days, who isn't on the lookout for ways to save?) Jessica from Health Advocate has some great advice for you.

The Healthcare Survival Guide, written by two cofounders over at Health Advocate, contains information on services that you may not have been aware of as well as tips for saving money on healthcare. Best of all, this book is currently being offered for free as a download on the book's website. You can also get it on Borders.com or Amazon.com if you prefer a hard copy for \$6.95.

If you've lost your job, lost your healthcare or just want to learn little-known secrets about how to save money on healthcare, this book is definitely worth checking out. You can read more about it here.

Thanks to Jessica for the tip!